

Presented by



MARTIN'S POINT[®]
HEALTH CARE



NEW HAMPSHIRE SENIOR GAMES

Where Fun & Fitness Meet!

Senior Games May 18th - Sep 15th, 2024

Saturday Aug 24th

Bowling - 10 Pin

Sat Aug 24th - 1:00pm Start

Yankee Lanes Manchester - 216 Maple St, Manchester, NH 03103

Singles, Doubles and Mixed Doubles

One three-game set for each event

United States Bowling Conference (USBC) rules

Registration Deadline Aug 17th

Tournament Director: Glenn Graham 978-204-8445

SPORTS

20 different sports • This is a Qualifying year for 2025 National Games
Men & Women • Age 35+ in some sports • Winners in 5yr age groups
Advance registration required • Medals awarded to top 3 places

Archery • Badminton • Basketball (3-on-3)
Bowling 10-Pin • Candlepin Bowling • Cornhole • Cycling
Disc Golf • Golf • Pickleball • Powerlifting • Power Walk
Race Walk • Racquetball • Road Race • Shuffleboard
Swimming • Table Tennis • Tennis • Track & Field

Volunteers needed for:

Pickleball Aug 9, 10, 11 in Derry, NH

Track & Field Aug 18 in Manchester, NH

To learn more and register online



NH Senior Games



www.nhseniorgames.org • Ph: 603-488-0229 • info@nhseniorgames.org