

Presented by



MARTIN'S POINT[®]
HEALTH CARE



NEW HAMPSHIRE SENIOR GAMES

Where Fun & Fitness Meet!

Senior Games May 17th - Sep 14th, 2025

Sunday Aug 24th, 2025

Race Walk

Sun Aug 24th - Starts at the conclusion of
the Men's 100 meter dash (During Track & Field Events)
Memorial High School, 1 Crusader Way, Manchester, NH 03103

1500 Meter Technical Race Walk

USA Track & Field (USATF) rules. Sanction #21-02-019.

Registration Deadline Aug 17th, Same-day allowed.

Meet Director: Lee Hess (603) 401-4484

SPORTS

19 different sports • This is a Non-Qualifying year for National Games
Men & Women • Age 35+ in some sports • Winners in 5yr age groups
Advance registration required • Medals awarded to top 3 places

Archery • Badminton • Basketball (3-on-3)
Bowling 10-Pin • Candlepin Bowling • Cornhole • Cycling
Disc Golf • Golf • Pickleball • Power Walk
Race Walk • Racquetball • Road Race • Shuffleboard
Swimming • Table Tennis • Tennis • Track & Field

Volunteers needed for:

Pickleball Aug 8, 9, 10 in Derry, NH

Track & Field Aug 24 in Manchester, NH

To learn more and register online



NH Senior Games



www.nhseniorgames.org • Ph: 603-488-0229 • info@nhseniorgames.org