

Presented by



MARTIN'S POINT<sup>®</sup>  
HEALTH CARE



# NEW HAMPSHIRE SENIOR GAMES

*Where Fun & Fitness Meet!*

Senior Games May 17th - Sep 14th, 2025

**Sat Jun 21<sup>st</sup> & Sun Jun 22<sup>nd</sup>, 2025**

## Tennis

Sat Jun 21<sup>st</sup> - 9:30am Start, Sun Jun 22<sup>nd</sup> - 9:30am Start

YMCA Allard Center - 116 Goffstown Back Rd, Goffstown, NH 03045

Sat 6/21 Singles | Sun 6/22 Doubles and Mixed Doubles

Format determined by number of competitors

United States Tennis Association (USTA) rules

Registration Deadline Jun 14th

Sport Coordinator: Deb LaPress (603) 325-2954

preferred contact: [mykkismom@comcast.net](mailto:mykkismom@comcast.net)

## SPORTS

19 different sports • This is a Non-Qualifying year for National Games  
Men & Women • Age 35+ in some sports • Winners in 5yr age groups  
Advance registration required • Medals awarded to top 3 places

Archery • Badminton • Basketball (3-on-3)

Bowling 10-Pin • Candlepin Bowling • Cornhole • Cycling

Disc Golf • Golf • Pickleball • Power Walk

Race Walk • Racquetball • Road Race • Shuffleboard

Swimming • Table Tennis • Tennis • Track & Field



NH Senior Games

Volunteers needed for:

Pickleball Aug 8, 9, 10 in Derry, NH

Track & Field Aug 24 in Manchester, NH

**To learn more and register online**



[www.nhseniorgames.org](http://www.nhseniorgames.org) • Ph: 603-488-0229 • [info@nhseniorgames.org](mailto:info@nhseniorgames.org)