

Presented by



NEW HAMPSHIRE SENIOR GAMES

Where Fun & Fitness Meet!

Senior Games May 16th - Sep 16th, 2025

Saturday Jul 11th, 2026

Disc Golf

Sat Jul 11th - 9:00am Shotgun Start

The Hollows North Disc Golf Course,
178 Mitchell Street, Manchester, NH 03103

Players meeting and hole assignment: 8:35am

US Disc Golf Association Rules and Sanctioned Event

All Registration is Same-Day

Tournament Director: Norma Bruce (603) 232-2261

SPORTS

20 different sports • This is a Qualifying year for National Games
Men & Women • Age 35+ in some sports • Winners in 5yr age groups
Advance registration required • Medals awarded to top 3 places

Archery • Badminton • Basketball (3-on-3) • Bocce
Bowling 10-Pin • Candlepin Bowling • Cornhole • Cycling
Disc Golf • Golf • Pickleball • Power Walk
Race Walk • Racquetball • Road Race • Shuffleboard
Swimming • Table Tennis • Tennis • Track & Field

Volunteers needed for:

Pickleball Aug 7, 8, 9 in Derry, NH

Track & Field Aug 23 in Manchester, NH

To learn more and register online



NH Senior Games



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