

Presented by



# NEW HAMPSHIRE SENIOR GAMES

*Where Fun & Fitness Meet!*

Senior Games May 16th - Sep 16th, 2026

**Sunday Aug 23<sup>rd</sup>, 2026**

## Power Walk

Sun Aug 23th - Starts at the conclusion of  
the 200 meter dash (During Track & Field Events)

Memorial High School, 1 Crusader Way, Manchester, NH 03103

**1500 Meter Technical Race Walk**

United States Powerwalking Association (USPWA) Rules

**Registration Deadline Aug 16th, Same-day allowed.**

Meet Director: Lee Hess (603) 401-4484

## SPORTS

20 different sports • This is a Qualifying year for National Games  
Men & Women • Age 35+ in some sports • Winners in 5yr age groups  
Advance registration required • Medals awarded to top 3 places

Archery • Badminton • Basketball (3-on-3) • Bocce  
Bowling 10-Pin • Candlepin Bowling • Cornhole • Cycling  
Disc Golf • Golf • Pickleball • Power Walk  
Race Walk • Racquetball • Road Race • Shuffleboard  
Swimming • Table Tennis • Tennis • Track & Field

**Volunteers needed for:**

Pickleball Aug 7, 8, 9 in Derry, NH

Track & Field Aug 23 in Manchester, NH



NH Senior Games

**To learn more and register online**



[www.nhseniorgames.org](http://www.nhseniorgames.org) • Ph: 603-488-0229 • [info@nhseniorgames.org](mailto:info@nhseniorgames.org)